



# KINDERchirurgie

Kinder werden bei uns groß geschrieben.

 UNIVERSITÄTSmedizin.  
MAINZ

# PAAFIS 2019

5<sup>th</sup> international Pediatric, Adolescent and Adult Foregut Interdisciplinary Symposium

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**University Medicine Mainz, Germany    27/28 September 2019**

Meanwhile in its 5<sup>th</sup> year, we are excited to host **PAAFIS 2019** at the **University Medicine Mainz** on the 27th and 28th of September 2019. PAAFIS is an **interdisciplinary forum** on foregut disease **from birth to adults**. It brings together **surgeons, gastroenterologists, pediatricians, therapists**, as well as **patients and caregivers**, providing a platform for comprehensive care on **all aspects of the human foregut**.

This year the symposium will focus on **Eosinophilic Esophagitis (EoE)** and feature a **hands-on endoscopic workshop** on foregut endoscopy, dilatation and stent placement. There will be an opportunity to present **complex cases, complications**, as well as **clinical and experimental studies** concerning the foregut. Finally, following tradition, the **PAAFIS robotic championship** will be held on our robotic Simulator, in which you will have a chance to compete against your peers and colleagues. We are looking forward to your participation.



**Oliver J. Muensterer**  
Professor,  
Pediatric Surgery  
University Medicine  
Mainz, Germany



**Thomas Ciecieroga**  
Associate Professor,  
Pediatric  
Gastroenterology  
Weill Cornell Medical  
College, New York,  
United States



**Tutku Soyer**  
Professor,  
Pediatric surgery  
Hacettepe University,  
Ankara, Turkey



**Neelesh Tipnis**  
Professor,  
Pediatric  
Gastroenterology  
University of Alabama  
at Birmingham,  
United States

## Program, Friday, 27 September 2019 (subject to modifications)

- 7:30-8:30 Registration and breakfast
- 8:30-8:45 Welcome & introduction of PAAFIS (mission, collaboration, teaching and learning)  
(Muensterer)
- Session A: Enemies of the esophagus** (Moderator: Tipnis)
- 8:45-9:15 To fundo or not to fundoplicate GERD is the question (Pediatric Surgery: Kiyon/Ulukaya)
- 9:15-9:45 Esophageal atresia from birth to death  
(Pediatric GI: Gottrand, Pediatric Surgery: Muensterer, Adult Surgery: Grimminger)
- 9:45-10:15 Esophageal failures: strictures, ingestions and motility disorders (Pediatric GI: Ciecierega)
- 10:15-10:30 Coffee Break
- Session B: Heroes to the rescue: interventions to restore esophageal function**  
(Moderator: Soyer)
- 10:30-10:50 The long-gap EA repairs: go now or wait it out? (Pediatric surgery: Ksia/Muensterer)
- 10:50-11:30 Dilation, Botulinum Toxin, POEM, or robotic Heller for achalasia: are we there yet?  
(Adult Surgery: Grimminger/Babic, Internal Medicine-Endoscopy: Neumann)
- 11:30-12:00 Endoscopic, laparoscopic or endolaparoscopic gastrostomy tubes?  
(Pediatric GI: Mutaz Sultan)
- 12:00-12:30 Esophageal replacement: the good, the bad and the ugly?  
(Pediatric surgery: Tutku Soyer)
- 12:30-14:00 Lunch and Exhibits
- Hands-on Course** (Course director: Muensterer/Ciecierega/Soyer/Tipnis/Buggenhagen)
- 14:00-17:00 Practical training in upper endoscopy, dilatation, stent placement, manometry
- 17:00-18:30 Welcome reception
- PAAFIS e.V. Founding** (Moderation: Sauer)
- 18:30-20:30 Founding meeting of PAAFIS e.V. (open to all who want to become founding members)

## Program, Saturday, 28 September 2019 (subject to modifications)

- 7:30-8:15 Registration and breakfast  
8:15-8:30 Welcome & recapitulation of Friday program  
(Muensterer)
- Session C: Scope of Eosinophilic Esophagitis (EoE) (Moderator: Ciecierega)**  
8:30-9:00 Burden of EoE throughout the world: epidemiology and diagnosis of EoE  
(Pediatric GI: Mutaz Sultan)  
9:00-9:30 Immunology of EoE: pathophysiology and target for treatment (Pediatric GI: Tipnis)  
9:30-10:00 Atopic disease and allergy testing in EoE (Pediatric Allergy: Özge Uysal Soyer)  
10:00-10:30 The patient's perspective (Patient Support groups: Slater, Widenmann-Grolig)
- 10:30-11:00 Break/Exhibits
- Session D: Treatment of EoE (Moderator: Mutaz Sultan)**  
11:00-11:30 Treatment of EoE: topical steroids (Pediatric GI: Ciecierega)  
11:30-12:00 Nutritional treatment of EoE (Pediatric GI: Cornfeld, Nutritionist: NN)  
12:00-12:30 Biologic treatment for EoE (Pediatric GI: Becker)  
12:30-13:00 Therapy of dysphagia (Speech therapist: Annette Muensterer)
- 13:00-14:00 Lunch Break/Exhibits
- Session E: Special Topics in EoE (Moderator: Muensterer)**  
14:00-14:30 EoE in adulthood: the pediatric patient grows up (Adult GI)  
14:30-15:00 EoE in special populations (Pediatric GI: Gottrand, Pediatric surgery: Soyer)  
15:00-15:30 Complications of EoE: strictures and persistent dysphagia (Adult GI: Marquart)  
15:30-16:00 Future areas of growth: new directions of EoE research (Pediatric GI: Tipnis)
- 16:00-16:30 Coffee break/Exhibits
- Session F: Interesting and Complex Case, Studies: Presentations and Discussion**  
16:30-18:00 Presentations (10 min) by participants and discussion (10 min) by audience  
18:00-18:15 TIC-PEA: Telemedical Interdisciplinary Care for Patients with Esophageal Atresia:  
Join the Network (Muensterer)
- 18:15-18:30 Wrap-up/Adjourn and invitation to PAAFIS 2020 in Ankara (Soyer/Muensterer)
- 18:30-22:00 After-symposium party for all participants and guests

## **PAAFIS - History, Background, Goals and Future Projects**

Please let us introduce PAAFIS to you. PAAFIS is the only, international interdisciplinary organization which brings experts in field of pediatrics to teach, learn and assist physicians around the globe.

It started as a concept in 2012 when a pediatric gastroenterologist and surgeon were discussing medically complex patient. It was at that moment, that we realized how often we were lacking an adequate and timely input from various specialties in challenging cases. We decided to create a model where a collective approach would be used to optimize medical decision making. We identified leading experts from medical and surgical fields across the continents. We incorporated their knowledge, expertise, skills and will to advance abilities of local and international medical and surgical communities through conferences, hands-on courses, live case discussions and collaboration in trans-institutional research.

### **Past meetings**

- 2015 PAAFIS: Mainz, Germany (University of Mainz)
- 2016 PAAFIS: New York, USA (NYP – Weill Cornell Medical College)
- 2017 PAAFIS: Mainz, Germany (University of Mainz)
- 2018 PAAFIS: New York, USA (NYP – Weill Cornell Medical College)

### **Future meetings**

- 2019 PAAFIS: Mainz, Germany (University of Mainz)
- 2020 PAAFIS: Ankara, Turkey (Hacettepe University)
- 2021 PAAFIS: New York, USA (NYP – Weill Cornell Medical College)

## Mission

We set on the mission of PAAFIS to help medical and surgical communities around the world in care for common and uncommon medical conditions. Our symposia teach, provide hands-on experience and allow to share medical and surgical knowledge among physicians. We are the only organization where patients and their families are invited to come and discuss their problems and concerns and obtain free medical and surgical advice from leaders in the field. We welcome new members every year and help many local medical communities throughout the world with our expertise and guidance. We made PAAFIS open to anyone willing to learn and in the process to teach us. We are also expanding our reach. Turkey became the newest site for PAAFIS in 2020. Strength through learning and sharing with best outcomes for our patients at the core of our mission.

## PAAFIS e.V. - join the Association as a founding member!

During the meeting in Mainz, on the 28th of September, we plan the founding of PAAFIS e.V., the Pediatric, Adolescent and Adult Foregut interdisciplinary Society. All participants are invited to serve as founding members during the session. The goal is to establish an international organization registered in Mainz as an "eingetragener Verein" (e.V. - registered association) that provides a network of knowledge and support regarding all aspects of foregut pathology. This is a further reason to join us for the symposium in Mainz this September.

Join the **Pediatric, Adolescent and Adult Foregut Interdisciplinary Society (PAAFIS) e.V.** in Mainz this year!

## Main Topic of PAAFIS 2019

- Eosinophilic Esophagitis
- Esophageal motility
- Esophageal and upper gastrointestinal endoscopy
- Stricture dilatation, stent placement

## Faculty (in last name alphabetical order)

Benjamin Babic	Adult Surgery	Mainz, Germany
Sebastian Becker	Pediatric GI/pulmonology	Darmstadt, Germany
Holger Buggenhagen	Anesthesiology	Mainz, Germany
Thomas Ciecierrega	Pediatric GI	New York, United States
Robert Cornfeld	Pediatric GI	Landstuhl, Germany
Frédéric Gottrand	Pediatric GI	Lille, France
Peter Grimminger	Foregut Surgery	Mainz, Germany
Gürsu Kiyan	Pediatric Surgery	Istanbul, Turkey
Amine Ksia	Pediatric Surgery	Monastir, Tunisia
Annette Muensterer	Speech Therapy (Logopedics)	Mainz, Germany
Oliver Muensterer	Pediatric Surgery	Mainz, Germany
Jens Marquardt	Internal Medicine, Endoscopy	Mainz, Germany
Graham Slater	Chairman, Federation EAT	Kidderminster, UK
Özge Uysal Soyer	Pediatric Allergy	Ankara, Turkey
Tutku Soyer	Pediatric Surgery	Ankara, Turkey
Neelesh Tipnis	Pediatric GI	Birmingham, United States
Çiğdem Ulukaya Durakbasa	Pediatric Surgery	Istanbul, Turkey
Anke Widenmann-Grolig	Leitung, Geschäftsstelle KEKS e.V.	Stuttgart, Germany

## Abstract submission

Would you like some interdisciplinary help with an interesting or complex case? Please send an abstract (up to 300 words) explaining the case, the previous course and problems encountered to [kic@unimedizin-mainz.de](mailto:kic@unimedizin-mainz.de), indicating that this is an abstract for PAAFIS 2019. We would also be interested in hearing about clinical and experimental studies you are conducting concerning the foregut. Please feel free to send in abstracts of these as well.

## Important Dates

Registration opens	Friday, 31 May 2019
Abstract submission deadline for interesting cases	Monday, 1 July 2019
Early registration deadline	Thursday, 1 August 2019

## Participation fees

The participation fee for PAAFIS 2019 includes the hands-on workshop, attendance at the plenary and scientific sessions, as well as all coffee, food, drinks, and social events.

Registration...	before 1 August 2019	after 1 August 2019
Specialist physicians and surgeons	€50	€70
Training physicians and surgeons	€30	€40
Other health professionals, medical students	€20	€25
Patients, Family, Support Groups	€10	€15

## PAAFIS 2019 registration form

Please copy-paste and email to [kic@unimedizin-mainz.de](mailto:kic@unimedizin-mainz.de) or cut out and mail to: Kinderchirurgie UM Mainz, Langenbeckstrasse 1, 55131 Mainz, Germany. Write the phrase "PAAFIS 2019" and your name into accompanying text of the transfer.

<p>Name: _____</p> <p>Profession: _____</p> <p>Department _____</p> <p>Institution _____</p> <p>Street _____ Number _____</p> <p>City _____</p> <p>State _____ Postal code _____</p> <p>Country _____</p> <p>Phone (including country code) _____</p> <p>Email _____</p>	<p>Please register me as a</p> <p><input type="radio"/> Specialist physician/surgeon</p> <p><input type="radio"/> Training physician/surgeon</p> <p><input type="radio"/> Other health professional/student</p> <p>_____</p> <p>I have wired the registration fee of</p> <p><input type="radio"/> € _____ to</p> <p>Sparkasse Mainz            IBAN DE83 5505 0120 0000 0000 75            BIC/Swift MALADE51MNZ            Please note "PAAFIS 2019" and            "Kostenstelle 94419" on your transfer</p>
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## Continuing Medical Education (CME) points

A total of 12 European CME points (Fortbildungspunkte Kat. B) for PAAFIS 2019 have been applied for at the academy of continuing medical education of the state medical board of Rhineland-Palatinate.



## Contact and Registration

Please register by sending the completed registration form to [kic@unimedizin-mainz.de](mailto:kic@unimedizin-mainz.de) or mailing the form to

Kinderchirurgie UM Mainz  
Langenbeckstrasse 1  
55131 Mainz  
Germany.

At the same time, please transfer your registration fee to

Bank           Sparkasse Mainz  
IBAN           DE83 5505 0120 0000 0000 75  
BIC/Swift     MALADE51MNZ  
Please note "PAAFIS 2019" and "Kostenstelle 94419" on your transfer

Cash payment at the venue is possible, but please understand that there will be an additional €20 service charge for processing.

## For any further questions please contact

Dana Georger or Oliver J. Muensterer, MD, PhD  
Department of Pediatric Surgery, University Medicine Mainz  
Langenbeckstrasse 1  
55101 Mainz, Germany  
Phone +49-6131-17-3865  
Email [kic@unimedizin-mainz.de](mailto:kic@unimedizin-mainz.de)



## How to get to Mainz

The venue is conveniently located on the campus of the University Medicine (Universitätsmedizin) Mainz (49° 59' 33,3" N, 8° 15' 28,4" O).

- 1.5 km distance from the Mainz main train station (Hbf Mainz)
- 30 minutes by car or train (S8) from Frankfurt International Airport (FRA)



## Campus Map

PAAFIS 2019 will take place on the campus of the University Medical Center of the Johannes Gutenberg University in the Rudolf-Frey-Lernklinik, 508 (upper right, arrow).



## Sponsors and Support

Gefördert von:

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Förderinitiative für medizinische  
Spitzenforscher aus dem Ausland“



[www.sterntaler-mainz.de](http://www.sterntaler-mainz.de)

## KINDERchirurgie

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